Disabled Resources Center, Inc.



F DEAR READER

Happy Year of the Dog!

On February 16, 2018, we marked the beginning of the **Chinese Lunar New Year** celebration. This time invites us to look ahead to what the future has in store, inspiring a spirit of commemoration, liveliness, and luck.

Here at DRC, we got a head start on celebrating the first day of the two-week **Chinese New Year** celebration, with a staff Chinese luncheon prepared by our favorite in-house chef and decorator, **Khanny Ou.**

Beginning in January, we started presenting two monthly sessions of **Get Organized**— **Leadership Beyond the Classroom (GO LBC)** to Transitional Youth (14-24), in collaboration with the **Long Beach Unified School District (LBUSD).** One session takes place at DRC. The other session takes place at **Tucker School.** See the picture on page 3 of the Newsletter, showing the first **GO LBC** session of the new semester in action.

We've set the theme and date for our **42nd Annual Awards Dinner. "Reaching for the Stars"** will take place on Thursday, 6/21/2018, at **The Grand Event Center** in Long Beach. On page 2 of the Newsletter, you will find information about nominating candidates to receive awards at the Dinner. Speaking of awards, I am deeply honored that **Mayor Robert Garcia** has selected me to receive a **6th Annual Go Long Beach Award**, to be presented on 3/16/2018.

Barbara Knickerbocker Beskind, 95 years young, employed at **IDEO**, Menlo Park, as a consultant for products and services related to vision and aging, spoke at our first Staff Meeting of the year. See picture of **Ms. Beskind** at the Staff Meeting on page 3 of the Newsletter. Her inspiring words reminded us of the fresh start exemplified by a New Year, and the importance of living a full life and creating a unique and positive identity.

I am so grateful that all of us here at DRC are able to recognize the diversity, not only among our staff, but the customs and traditions of our consumers, from all cultural backgrounds.

Happy New Year,

Dolores Nason

Executive Director









Save the Date

Disabled Resources Center, Inc., will hold its 42nd Annual Awards Dinner,

"Reaching for the Stars," on Thursday, June 21, 2018, at The Grand Event Center in Long Beach,

SEEKING NOMINATIONS FOR DRC'S ANNUAL AWARDS NOMINEES

Each year, DRC presents the following awards at the Awards Dinner:

Jerry Stein Independent Living Award

(An individual with a disability who exemplifies courage and character in living independently)

Civic Leadership Award

(An individual whose life work, or avocation, has improved the lives of people with disabilities)

Community Service Award

(An individual who advocates, on behalf of people with disabilities, as part of their role in civic life)

If you know anyone who provides exceptional or out-of-the-ordinary service for people with disabilities, now is the time to nominate that individual. If you would like more information concerning the nomination process, or wish to receive a nomination form, contact **Gail Thomas** at gthomas@drcinc.org.

Nominations for the 2018 Awards are DUE on, or **BEFORE, March 15, 2018**. Honorees will be selected by a panel of Disabled Resources Center, Inc., Board of Directors Members. The Center's Volunteer of the Year is selected by the DRC staff.

DRC Board of Directors Members

Aida B. Douglas, President, Long Beach Transit, Regulatory Compliance and Civil Rights Officer

Gail Morrison, Vice-President, Hearing Loss Association of America (HLAA), Vice-President of the HLAA California State Association Board of Trustees and Programs/Publicity Chair of the HLAA Long Beach/ Lakewood Chapter

Henry S. Broadbent, Secretary, DRC Volunteer/Team Member of Oversight Group Concerned with Disabilities, Lake Avenue Church, Pasadena

Wendy Lewis. Treasurer, Navy Veteran and California State University Long Beach (CSULB) Alumna

Timothy Lashlee, Immediate Past President, Civil Practice Attorney

Louis Burns, Member, Access Services, Community Liaison, Planning and Government Affairs

Josephine Caron, Member, Long Beach Public Library, Senior Librarian, Access Services

Devin Corcoran, Member, Real Estate Specialist

Juan Luis Hernandez-Silva, Member, Full-time stu-



DRC Staff Members

Dolores Nason, Executive Director

Kate Adamson, Job Developer/Community Liaison for Employment Serv.

James Alusick, Service Assistant

Myra Ballon, Transitional Youth Program Assistant

Alice Bruns, Lead Job Developer

Richard Burnett, Ticket to Work Specialist

Gino Elliot, Peer Support Services/Transitional Youth Program/Independent Living Skills

Richard Hernandez, Systems Change Advocate

Vincent Johnson, Assistive Technology Coordinator

Grace Lopez, Benefits Advocate/Ticket to Work Specialist

Khanny Ou, Personal Assistant Coordinator/Mobility Training

Samantha Mam, Webmaster

Zaid Moges, Employment Services Coordinator/ASL Interpreter

Susan Pearson, Bookkeeper

Mario Rodriguez, Housing Coordinator/Transitional Funding Program/ Operations Manager

Gail Thomas, Administrative Assistant/Toastmasters Gavel Club Facilitator



DRC Events



Installation. 2/20/2018



Three proud graduates of the "How to Build a Computer" Class: Angelo Cudiamat, Naomi Casey, and Jerome Guintivano. 2/13/2018



Cathy Parsa, waving, during the Long Beach VA Rehab Staff Holiday Luncheon, where donations were collected for DRC consumer families in need. 12/8/2017



DRC's Coed Support Group enjoys lunch at "Claire's at the Museum," on a field trip to the Long Beach Museum of Art. 2/15/2018



Alice and Dolores, with delightful 95-year-old Barbara Beskind, still working, as she teaches us how to be motivated and productive at any age! 1/9/2018

Gino Elliot teaching the first day of "GO LBC" at Tucker School, with assistant Myra Ballon and volunteer Betty Cruz. 1/19/2018

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CALENDAR OF EVENTS

ONGOING EVENTS

*WEEKLY GROUP ORIENTATION FOR NEW CONSUMERS EVERY THURSDAY @ 9:00 AM

HOUSING WORKSHOP EVERY FRIDAY @ 9:00 am

*WEEKLY SUPPORT GROUP SCHEDULES:

MEN'S, WOMEN'S, AND CO-ED SUPPORT GROUPS—EVERY TUESDAY THROUGH FRIDAY FROM 1:00PM—4:00PM

TRANSITIONAL YOUTH SUPPORT GROUP (AGES-14-24) Every WEDNESDAY AND FRIDAY FROM 1:00PM—5:00PM

COMPUTER CLASSES ARE ON WEDNESDAY—FRIDAY FROM 9:30 AM—11:00 AM OR 1:30PM—3:00PM MARCH 2018

2nd—GO LBC Transitional Youth Program @ DRC @ 10:30am-1pm 5th ______ Peer Counseling Stepping Stopes to Employment Class held

- 5th—Peer Counseling/Stepping Stones to Employment Class held every Monday @ 10:00am-11:30am for 8 weeks
- 5th—PASC Board Meeting @ Kenneth Hahn Hall of Administration @ 1:00pm
- 6th—Measure M Policy Advisory Committee @ 1:30pm @ Metro Headquarters
- 7th—Homeless Coalition Meeting @ Goodwill Industries @ 9:00am
- 8th—CACoD Meeting @ Long Beach Council Chambers @ 1:00pm
- 8th—Long Beach Transit Paratransit Advisory Committee Meeting @ 1:30 PM
- 9th—DRC Advocacy Group Meeting @ Neighborhood Resource Center @ 2:30pm-4:00pm
- 9th—GO LBC Transitional Youth Program @ Tucker Elementary School @ 10:30am-1:00pm
- 9th—CSULB Disabled Student Services 45th Anniversary Celebration, Evening of 10,000 Stars @ Old Ranch Country Club
- 11th—Daylight Savings Time Begins
- 14th—Toastmasters Gavel Club Monthly Meeting @ DRC @ 6pm
- 14th—Outreach @ PATH Ventures @ Long Beach.
- 19th—Peer Counseling/Stepping Stones to Employment Class Graduation @ 10:00am-11:30am
- 20th—FIRST DAY OF SPRING
- 21st & 23rd—Job Club @ 8:30am-11:30am
- 28th-Workshop @ Cerritos College.
- 29th—DRC Board of Directors Meeting @ 5:30pm
- 30th—Cesar Chavez Day (CENTER CLOSED)

APRIL 2018

- 2nd—PASC Board Meeting @ Kenneth Hahn Hall of Administration @ 1:00pm
- 3rd—Measure M Policy Advisory Committee @ 1:30pm @ Metro Headquarters
- 4th—Homeless Coalition Meeting @ Goodwill Industries @ 9am
- 6th—GO LBC Transitional Youth Program @ DRC @ 10:30am-1pm
- 11th—Toastmasters Gavel Club Monthly Meeting @ DRC @ 6pm
- 11th—Long Beach City College Health Fair
- 12th—CACoD Meeting @ Long Beach Council Chambers @ 1pm
- 13th—GO LBC Transitional Youth Program @ Tucker Elementary School @ 10:30am-1:00pm
- 13th—DRC Advocacy Group Meeting @ Neighborhood Resource Center @ 2:30pm-4:00pm
- 18th & 20th —Job Club @ 8:30am-11:30am
- 19th—Access Board Meeting @ LA Metro
- 24th—LA Care Patient Advocacy Committee @ 1:00pm
- 26th—DRC Board of Directors Meeting @ 5:30pm
- 30th—Board of Directors Invitation Stuffing Party @ DRC



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Return Service Requested

<u>MAY 2018</u>

- 1st—Measure M Policy Advisory Committee @ 1:30pm @ Metro Headquarters
- 2nd—Homeless Coalition Meeting @ Goodwill Industries @ 9am
- 4th—GO LBC Transitional Youth Program @ DRC @ 10:30am-1pm
- 6th—9th—APTA Bus & Paratransit Conference @ Tampa, Florida
- 7th—PASC Board Meeting @ Kenneth Hahn Hall of Administration @ 1:00pm
- 9th—Toastmasters Gavel Club Monthly Meeting @ DRC @ 6pm
- 10th—CACoD Meeting @ Long Beach Council Chambers @ 1pm
- 11th—DRC Advocacy Group Meeting @ Neighborhood Resource Center @ 2:30pm-4:00pm
- 11th—GO LBC Transitional Youth Program @ Tucker Elementary School @ 10:30am-1:00pm
- 16th & 18th—Job Club @ 8:30am-11:30am
- 21st—Peer Counseling/Stepping Stones to Employment Class Graduation @ 10:00am-11:30am
- 28th—MEMÖRIAL DAY (CENTER CLOSED)
- 31st —DRC Board of Directors Meeting @ 5:30pm

<u>JUNE 2018</u>

21st—DRC'S 42nd ANNUAL AWARDS DINNER @ The Grand Event Center, Long Beach

DISABLED RESOURCES CENTER, INC. MISSION STATEMENT

"To empower people with disabilities to live independently in the community, to make their own decisions about their lives and to advocate on their own behalf."